



# Supporting Families Outcome Plan

Central Bedfordshire Council is committed to improving the educational attainment, health and well-being of children, while also ensuring that they are free from abuse and protected from harm.

To achieve this, the following Outcome Plan will be used in the Supporting (Troubled) Families programme as a method of identifying and holistically assessing the needs of families to enable the appropriate level of support to be allotted, while also providing a benchmark against which to measure *significant and sustained progress*. Underpinning the improvement in outcomes for families is the drive for service transformation and effective multi-agency working: reducing the costs associated with families who have multiple and complex needs and place the greatest demand on public services.

The Outcome Plan provides a set of significant and sustainable outcome measures applicable to all families. An Early Help Assessment (EHA) will be used to determine eligibility for support and level of need/complexity. A combination of data analysis and professional judgement will be used to verify the process throughout. Where qualitative sources of information are required to support an outcome, the *Family Star Plus* will be used throughout appropriate Children's Services in Central Bedfordshire, as a standardized, reliable and valid measurement tool.

By successfully achieving significant and sustained progress through the support of Family Partners, future cost savings to Central Bedfordshire may be demonstrated through a reduction in reactive costs associated with 'Troubled' families (eg: Reduced Police call outs and fewer Housing enforcement proceedings)

This Outcome Plan is a working document which will be reviewed, together with partner agencies, each year in June.

# FAMILY PROBLEM: Parents and young people involved in crime and anti-social behaviour

(CBC Priority: Enhancing the local community)

## INDICATOR

## SIGNIFICANT OUTCOME

## SUSTAINED PROGRESS

An adult or young person (U18) has received an Anti-Social Behaviour (ASB) intervention in last 12 months

Compared with previous 12 months there is a 60% reduction in ASB incidents across the family

A young person (U18) has committed a proven offence (substantive outcome) in the last 12 months

Young person does not appear in YOS data from point of intervention

An adult prisoner (with parenting responsibilities and less than 12 months to serve) participating in the *Through the Gate* programme  
**OR**

An adult (with parenting responsibilities) subject to licence or supervision following release from prison, or serving a community order / suspended sentence in the 12 month period before intervention

Following release from prison offender does not re-offend

Sustained for 6 months

# FAMILY PROBLEM: Children who have not been attending school regularly

CBC Priority: Improving educational attainment

## INDICATOR

## SIGNIFICANT OUTCOME

## SUSTAINED PROGRESS

Persistent absence:  
school attendance is below 90%  
across the last 3 consecutive terms



Every child in the household has  
school attendance of 90% or above  
with no more than 2 fixed term  
exclusions (per child) and no  
permanent exclusions



Child with 3 (or more) Fixed Term  
Exclusions  
across the last 3 consecutive terms



School attendance is 90% or above  
with no more than 2 fixed term  
exclusions and no permanent  
exclusions



Child permanently excluded from  
school within the last 3 consecutive  
terms



Child is either registered with and  
attending a new school (90%+ with  
no more than 2 fixed term  
exclusions)

**OR**

Receiving suitable education  
elsewhere (Including:  
home-school / PRU alternative  
provision / education support  
through a medical needs team)



Child neither registered with a school  
nor being educated elsewhere



Sustained for  
3 consecutive terms

# FAMILY PROBLEM: Children who need help

CBC Priority: Promote health and well-being and protect the vulnerable

## INDICATOR

## SIGNIFICANT OUTCOME

## SUSTAINED PROGRESS

Child identified and assessed as needing Early Help  
Needs may include: problematic behaviour / poor parenting / Early Years funding / Free School Meals / Young Carer support / going missing / at risk of CSE / health needs / poor school attendance / affected by DV

Family achieves 6 or above in at least 6/10 domains measured on the *Family Star Plus*  
**OR**  
EHA closes with no re-referral into Early Help

Sustained for 3 months

Child in need (CIN) under section 17 of the Children Act 1989 (neglect being the primary reason)

CIN case is closed or stepped down to Early Help with no repeat referral for statutory Social Care

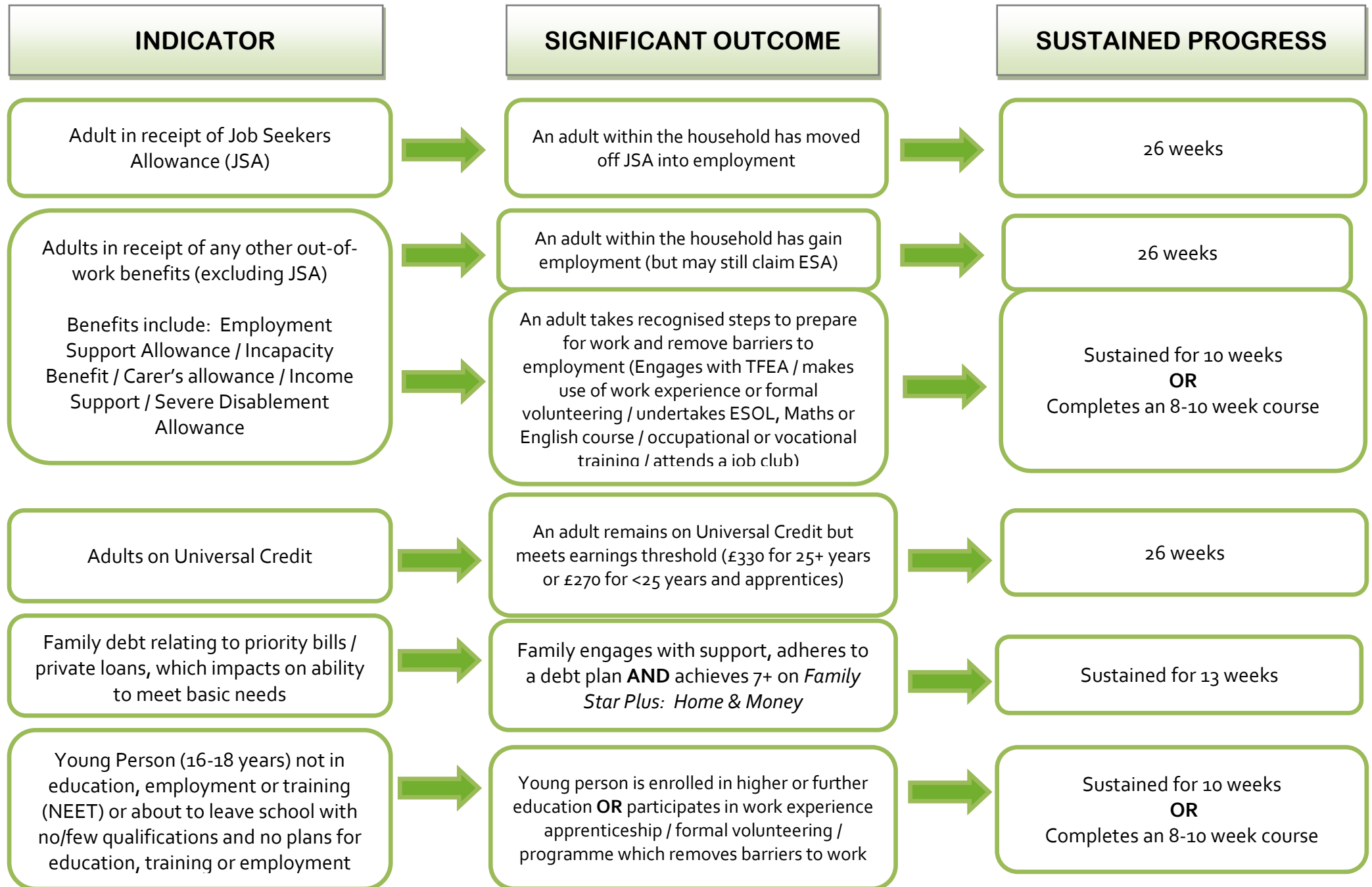
Teenage pregnancy or families where a young mother gave birth at the age of 18 or under in the last 12 months

Pregnant teen / Teen mother engages with Family Nurse Partnership, Teen Parent Advisor, or a PaFT educator (Parents as First Teachers)

6 months engagement

# FAMILY PROBLEM: Adults out of work or at risk of financial exclusion and young people at risk of worklessness

CBC Priority: Enhancing the local community



**FAMILY PROBLEM: Families affected by Domestic Violence or Abuse**

CBC Priority: Promote health and well-being and protect the vulnerable

**INDICATOR**

**SIGNIFICANT OUTCOME**

**SUSTAINED PROGRESS**

Adult or child known to local services who has had experience (within the last 12 months) or is considered to be at risk of experiencing Domestic Violence or Abuse

Victim has engaged with a specialist support service **OR** has successfully completed a recognised DV awareness programme (Freedom) **AND** Victim is no longer assessed as high risk (Family achieves 6 or more on the *Family Star Plus: Keeping your children safe*) **AND** There is a reduction in police reports of DV related incidents, **OR** no repeat MARAC referrals

Adult or young person known to local services as having perpetrated an incident of Domestic Violence or Abuse (in the last 12 months)

Perpetrator successfully completed a recognised rehabilitation programme **OR** there is a conviction / civil remedy / DV Protection Order regarding perpetrator **AND** There is a reduction in police reports of DV incidents

Sustained for 6 months

# FAMILY PROBLEM: Parents and Children with a range of Health Problems

CBC Priority: Promote health and well-being and protect the vulnerable

## INDICATOR

## SIGNIFICANT OUTCOME

## SUSTAINED PROGRESS

A parent or child with mental health problems which are not supported or managed and require further intervention from a health professional



Parent or young person engages with support and takes responsibility for their mental health  
(Family achieves 6 or more on *Family Star Plus: Your well-being*)



Managed for 3 months

A parent or young person with drug/alcohol problems



Successful completion of a drug/alcohol treatment programme **OR** engagement with specialist support service **AND** intake of alcohol / use of drugs is reduced



Sustained for 3 months

Adult or child identified by Health Professional as having unmanaged physical health problems of concern which may include unhealthy behaviours leading to obesity, malnutrition or diabetes



Family engages in and maintains healthy lifestyle choices which support their health and well-being **AND** Health condition is managed appropriately / GP appointments are attended / Children receive age appropriate vaccinations  
(Family achieves 7 or more on *Family Star Plus: Physical health*)



Maintained for 3 months